



SCAN AND DONATE



TOUR DU MAO



1.211 KM AND 13.500 METERS
FROM LLEIDA TO MONZA

SOLIDARITY TOUR
TO RAISE MONEY
FOR OPEN ARMS
CAN YOU HELP ME?



2021

TOUR DU MAO

"Where I live, where I come from"



GOBIK®

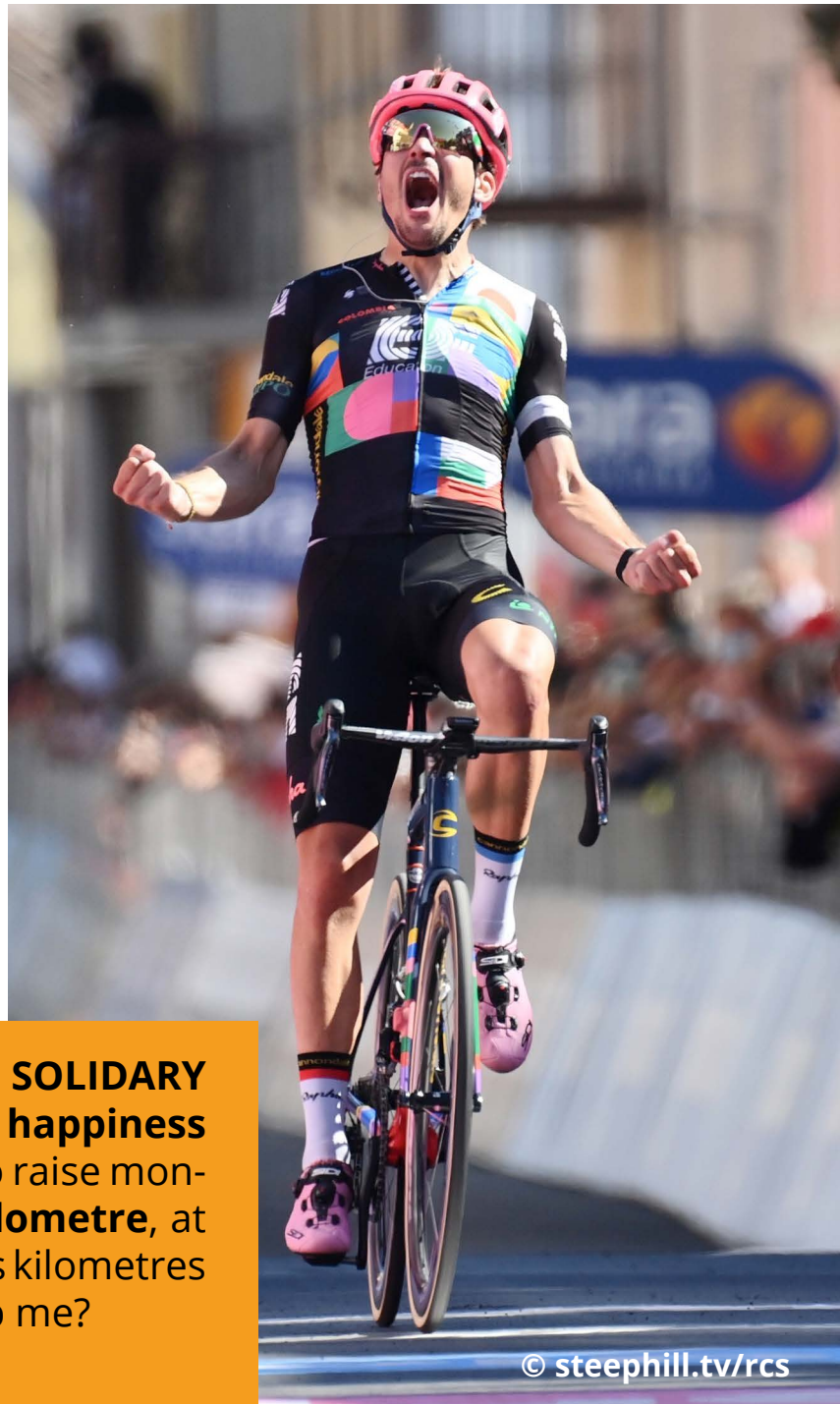
INTRODUCTION

Riding a bike is a bit like flying: this is the slogan of my website, [TOUR DU MAO](#), and that is the reason why the heart of all cyclists fills with **happiness** each time they sit on a bike.

The **happiness** that shows the cyclist in the next photo, **Alberto Bettiol**, who lifts his arms with the fist raised on the last victory of the 18th stage of **Giro d'Italia 2021**.

The **open arms** of a cyclist crossing the finish line are the expression of his biggest **happiness**: an expression of joy for the cyclist and for those who are observing the achievement he has done.

The same way, **Open Arms** welcomes the people that rescues from the sea: with **open arms** and a big conviction. These people escape from the biggest atrocities of our times, wars, tortures, famine and all kinds of abuse trying to find happiness. The same **happiness** that each human being has the right to own because we are all born on the same planet called Earth.



This summer, **TOUR DU MAO** is **SOLIDARY** and wants to support the right to **happiness** of all women and men. I decided to raise money for Open Arms, **2€ for each kilometre**, at least the same amount of money as kilometres I will ride on my bike. Will you help me?

MOTIVATION

The plan of the **TOUR** is to start in **Lleida** (where I live) and finish in **Monza** (where I come from).

This Tour is a personal, mental, physical and of endurance challenge to arrive to my loved country, Italy, trying to find my limit. I will cross different territories and borders riding a total of 1.211km and an ascent of 13.500 metres. It is a personal challenge, but at the same time is a protest and denunciation act.

I am a fortunate person because I can cross these borders. However, thousands of people who are born on the **“wrong side”** of the borders (which should not exist) die, too often, trying to cross them. They die when they try to find a better life, drowning in the biggest mass grave of the world, the **Mediterranean Sea**.

Since 2014, **20.000 people** have drown in the Mediterranean Sea while they tried to find a safer place to regain their lives, without Europe's help or protection. It is not possible to ignore it and Europe must react to this shame.

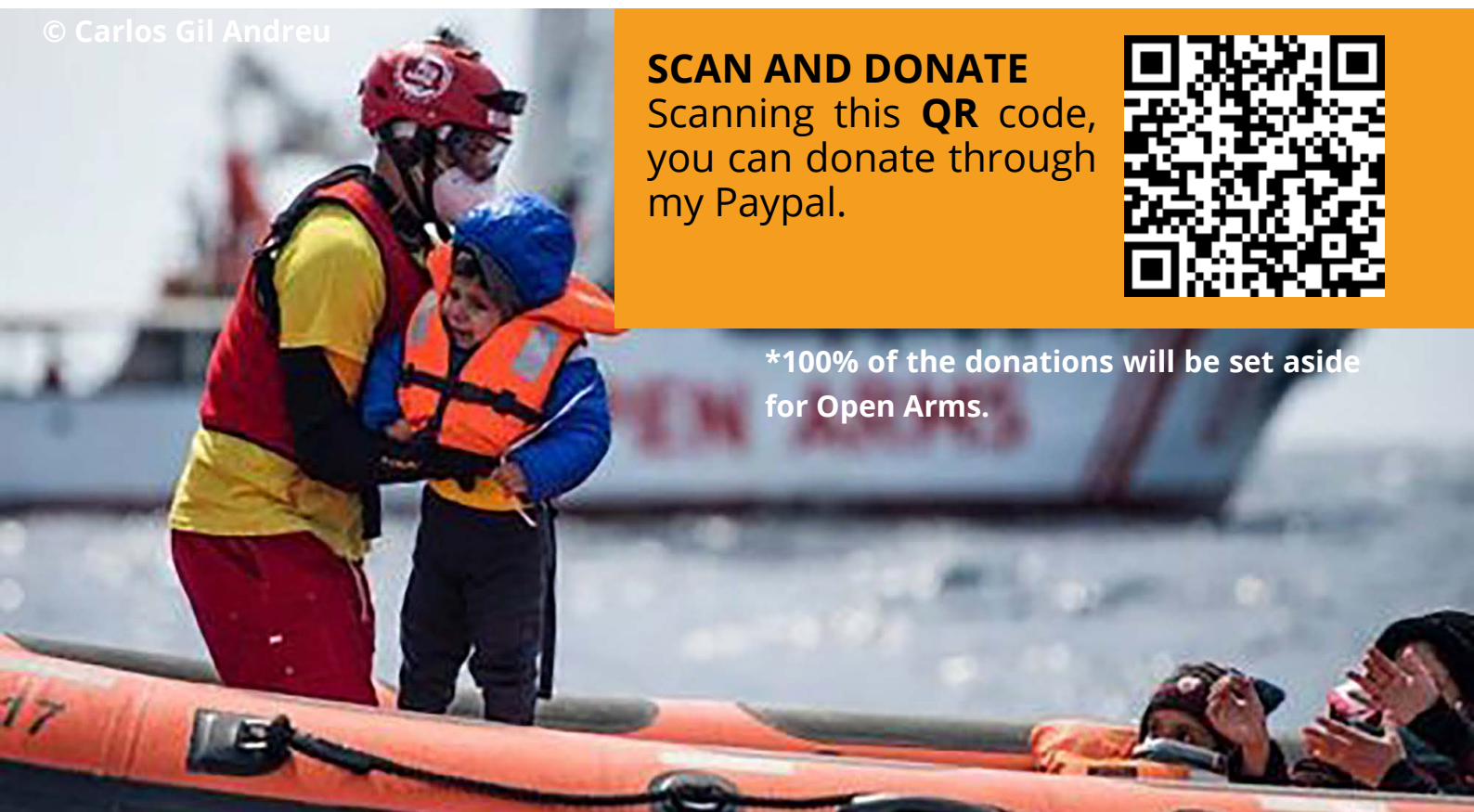
© Carlos Gil Andreu

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Scanning this **QR** code, you can donate through my Paypal.



*100% of the donations will be set aside for Open Arms.



ROUTE

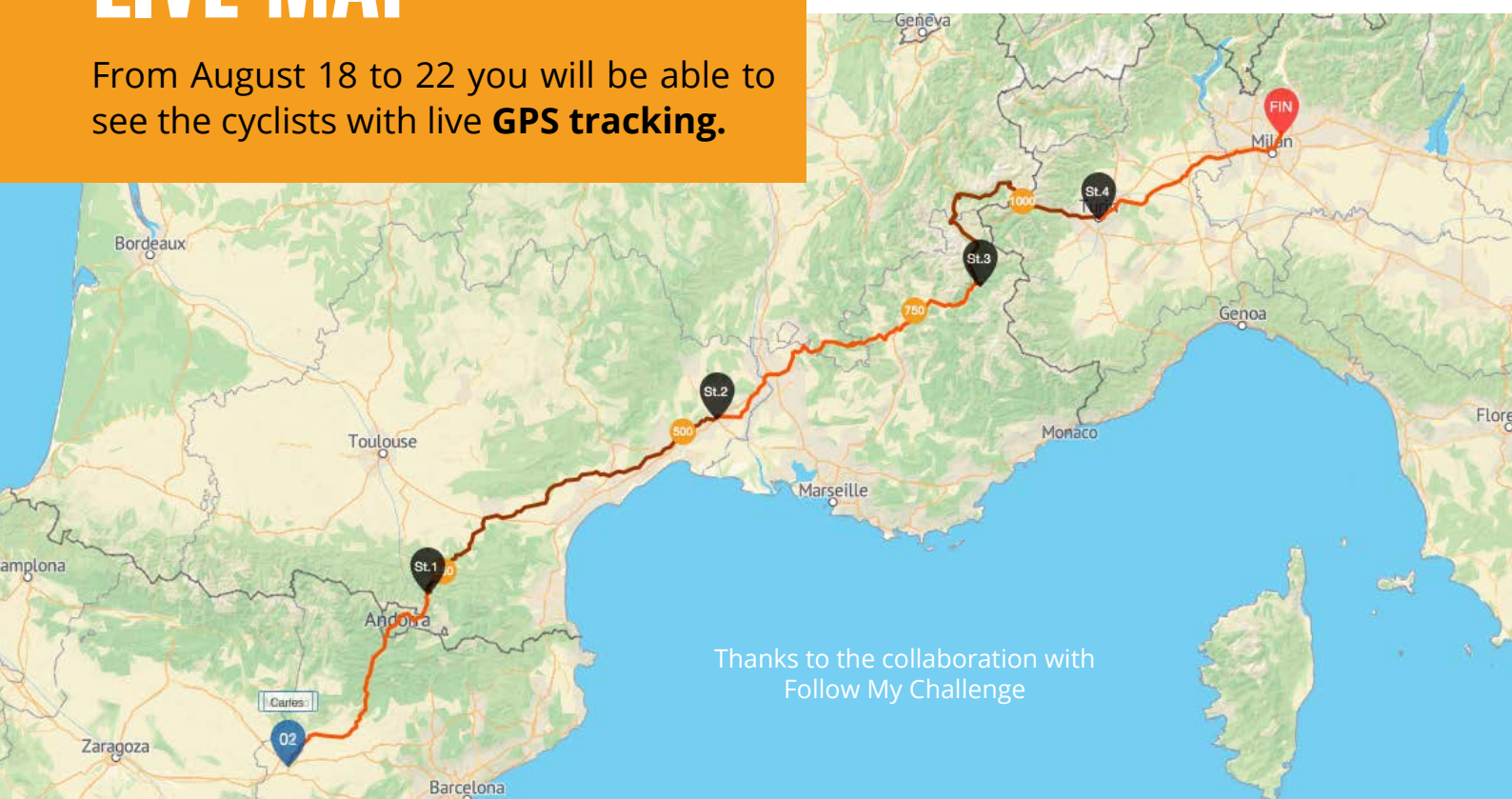
The **Tour du Mao 2021** starts on August 18 in **Lleida** and concludes on August 22 in **Monza**. Only five stages to cover an itinerary of **1.211 kilometres**.

There are five “extreme” stages: the shortest stage (160 Km) is the last one and the longest stage is 313 kilometres. There will be an ascent of **13.500 metres** due to Pyrenees and Alps. This journey is incomparable to the horrible journey that refugees do to arrive to our coasts, sometimes dying when they try it.

The route, which borders the Mediterranean Sea, will cross three states: **Spain, France** and **Italy** and a mini state called **Andorra**. In fact I will cross much more territories: *Catalunya, Lleida, Alt Pirineu i Aran, Andorra, Occitane, Lengadoc, Provence-Alpes-Côte d’Azur, Hautes-Alpes, Savoie,*

LIVE MAP

From August 18 to 22 you will be able to see the cyclists with live **GPS tracking**.



Thanks to the collaboration with
Follow My Challenge

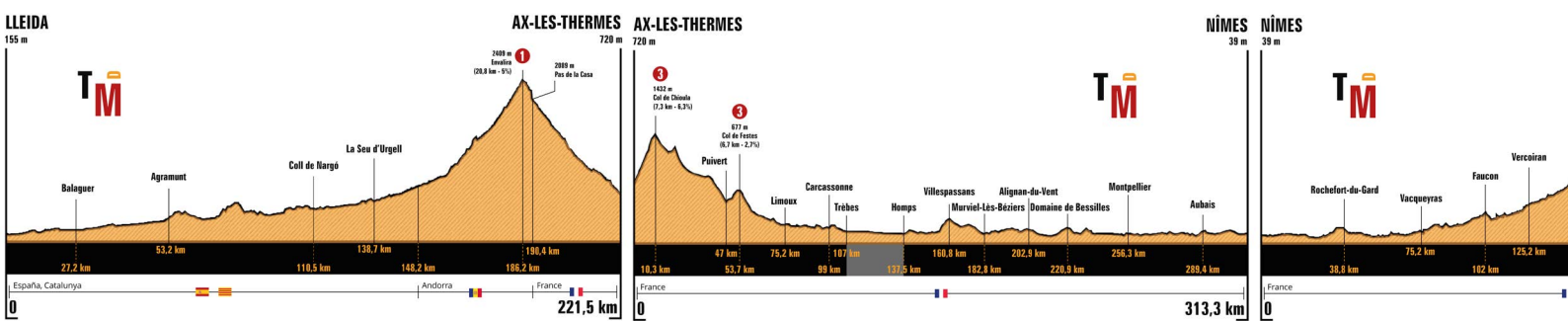


*Piemonte, Val di Susa, Torino, Parco fluviale del Po, Vercellese, Alessandri-
no, Lombardia, la Lomellina in the Pavese, the city of Milano and finally
Monza.*

A small list of regions, territories, nations and cities to recall that **the world is beautiful because it is diverse** and the borders are imagi-
nary, they **DO NOT EXIST***

**except for administrative and practical reasons.*





SCHEDULE

Average speed 30 km/h

AUGUST 18

STAGE 01

km 0 - Lleida 7.00 a.m.

km 222 - Ax-Les-Thermes 3.00 pm

AUGUST 19

STAGE 02

km 0 - Ax-Les-Thermes 6.00 am

km 313 - Nîmes 4.20 pm

AUGUST 20

STAGE 03

km 0 - Nîmes 7.00 am

km 280 - Guillestre 4.30 pm

AUGUST 21

STAGE 04

km 0 - Guillestre 7.00 am

km 235 - Torino 3.00 pm

AUGUST 22

STAGE 05

km 0 - Torino 8.00 am

km 161 - Monza 1.00 pm

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* *Departure and arrival times may change.*

** *Estimate hours of real pedaling, without stops.*

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FREE DONATION

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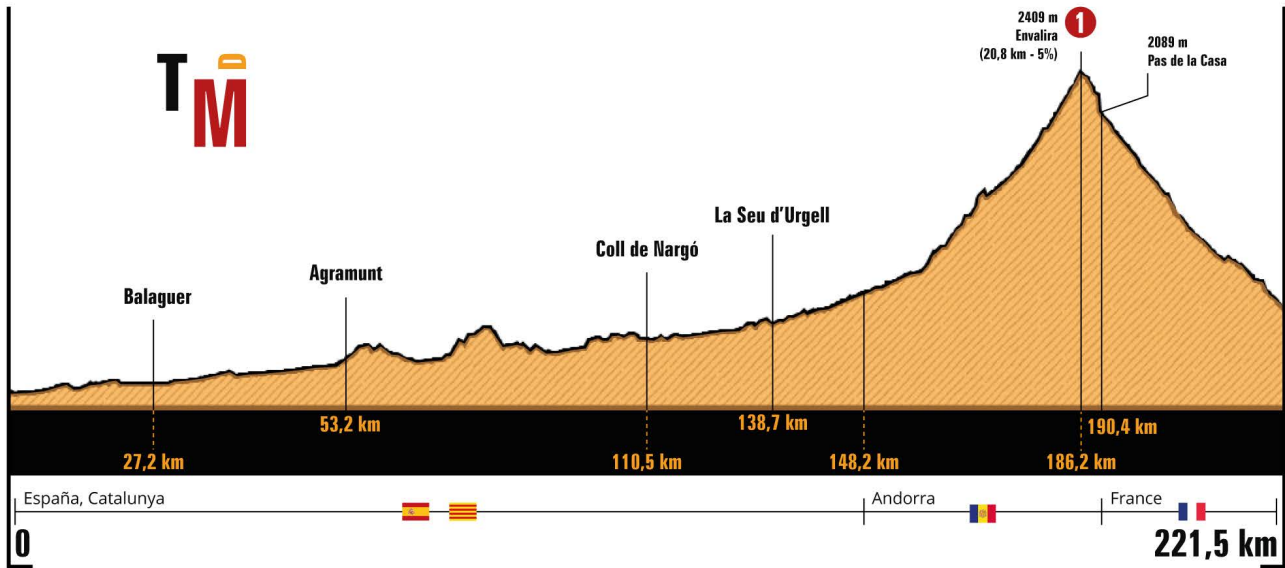
“Where I live, where I come from”

LLEIDA

155 m

STAGE 01**AX-LES-THERMES**

720 m

**LLEIDA****AX-LES-THERMES****222 km – 3.319 metres ascent**Detail of the stage on [strava](#).

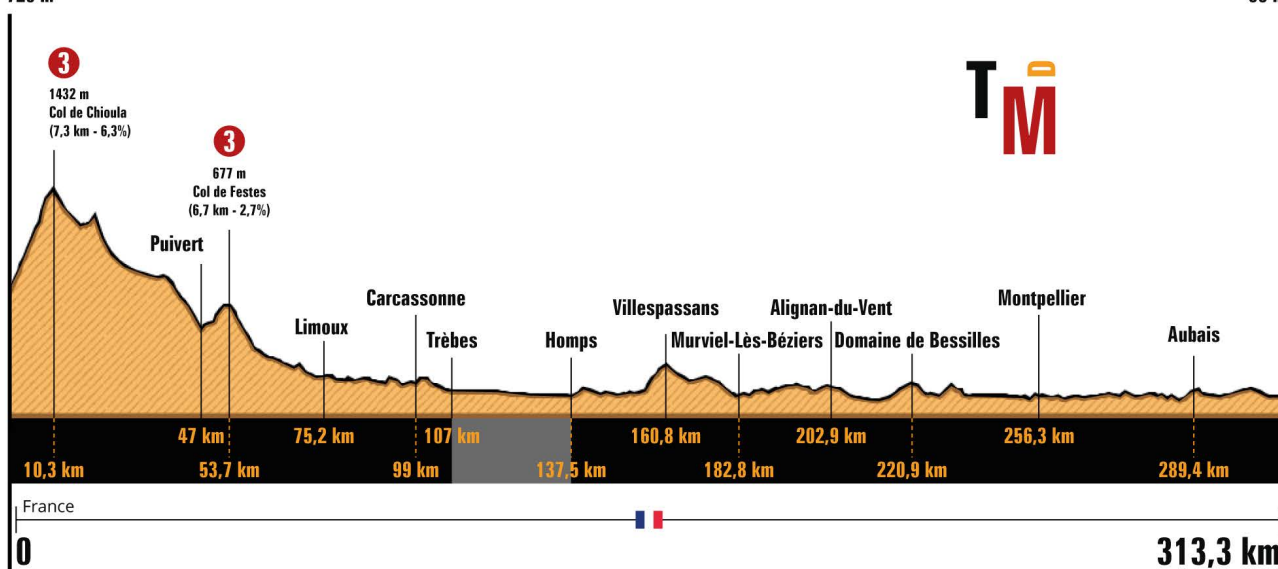
The first stage starts in **Lleida**. The first obstacle will be the climb to Pyrenees through Lleida province until La Seu d'Urgell to cross the mini state of Andorra where many World Tour professionals train and live. It will be a long and constant climb to reach, at the end, **Coll d'Envalira** (2.409 metres). The route will continue in France towards **Ax-Les-Thermes**. The first day I will cross 3 nations.



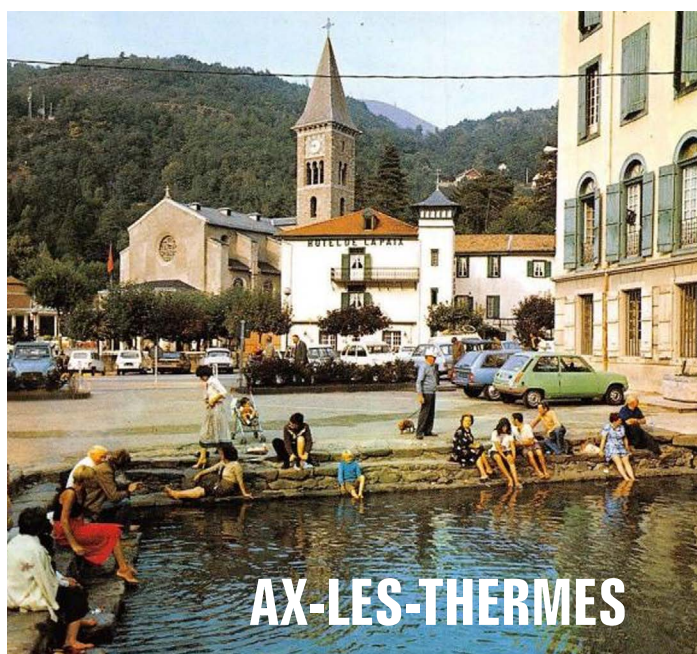
AX-LES-THERMES**STAGE 02****NÎMES**

720 m

39 m

**AX-LES-THERMES****NÎMES****313 km – 2.638 metres ascent**Detail of the stage on [strava](#).

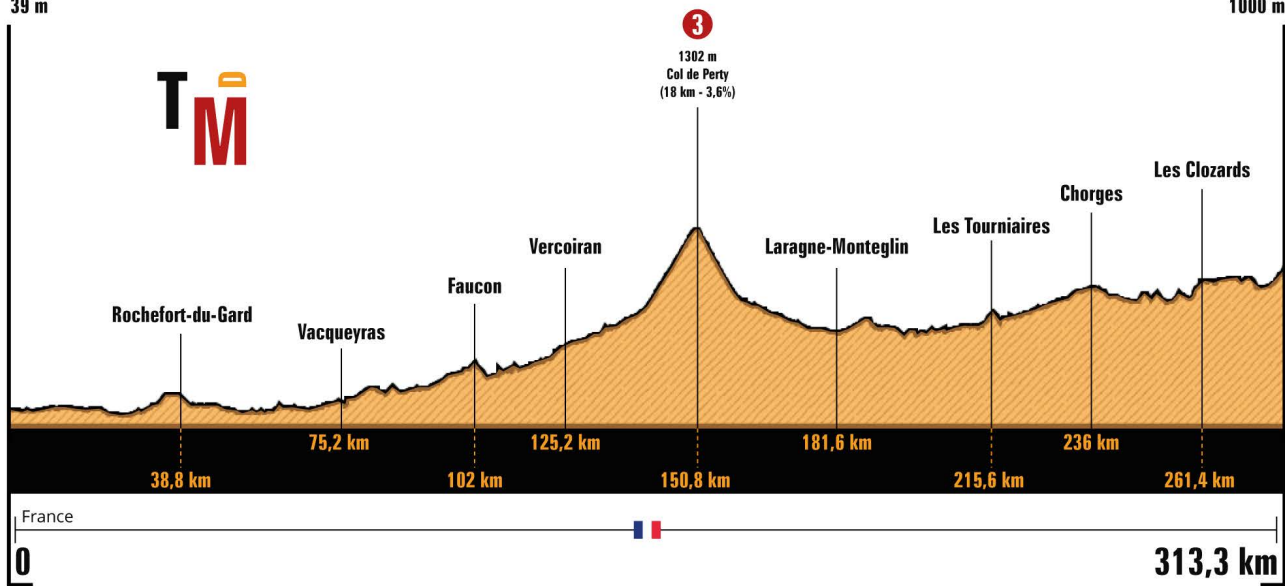
The second stage starts in **Ax-Les-Thermes**. It will start climbing **Col de Chioula**. The 10 km climb with gradients at an average of 7 % is quite hard and could be the first problem of the day. After that, we will go down to Carcassonne to face a sterrato section next to **Canal du Midi** and continue to Occitane – Lengadoc plains up to Montpellier and **Nîmes**.

**AX-LES-THERMES**

NÎMES
39 m

STAGE 03

GUILLESTRE
1000 m



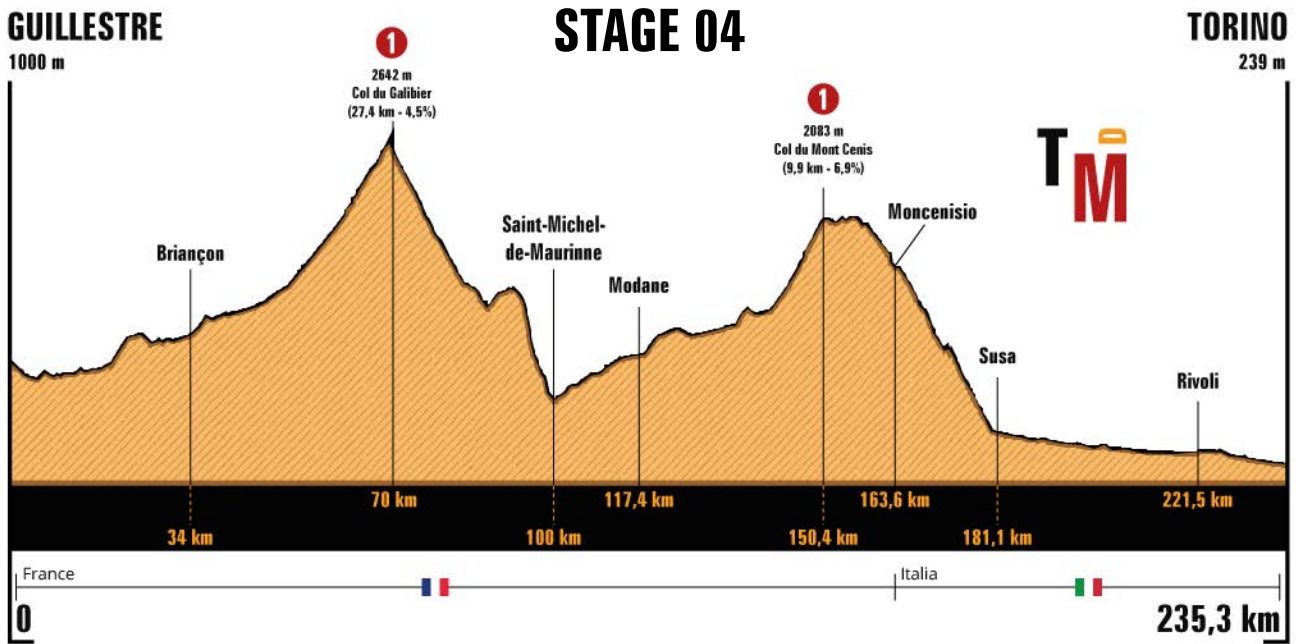
NÎMES

GUILLESTRE

280 km – 3.330 metres ascent
Detail of the stage on [strava](#).

The third stage, which starts in **Nîmes**, is the one that will bring me close to the Alps. Although there are not particular difficulties, except **Col de Perty** in the middle of the route, fatigue will appear. The route is long and because of this, it will be difficult to arrive at the end of the day. The stage will finish in **Guillestre**, a small village in the region of *Provence-Alpes-Côte d'Azur*. Once I stayed there when I climbed *Col de l'izoard*, not far from here.





GUILLESTRE

TORINO

235 km – 3.917 metres ascent
 Detail of the stage on [strava](#).

The fourth stage is the queen stage with the beginning in **Guillegstre**. The route will go to *Hautes-Alpes* and *la Savoie*, a way to extend the route to climb **Col del Galibier** that I have never scaled on a bike. Then the route continues to **Col del Mont Cenis** that I have climbed by car but not by bike. The stage will finish downslope to Val di Susa and finally to **Torino**.



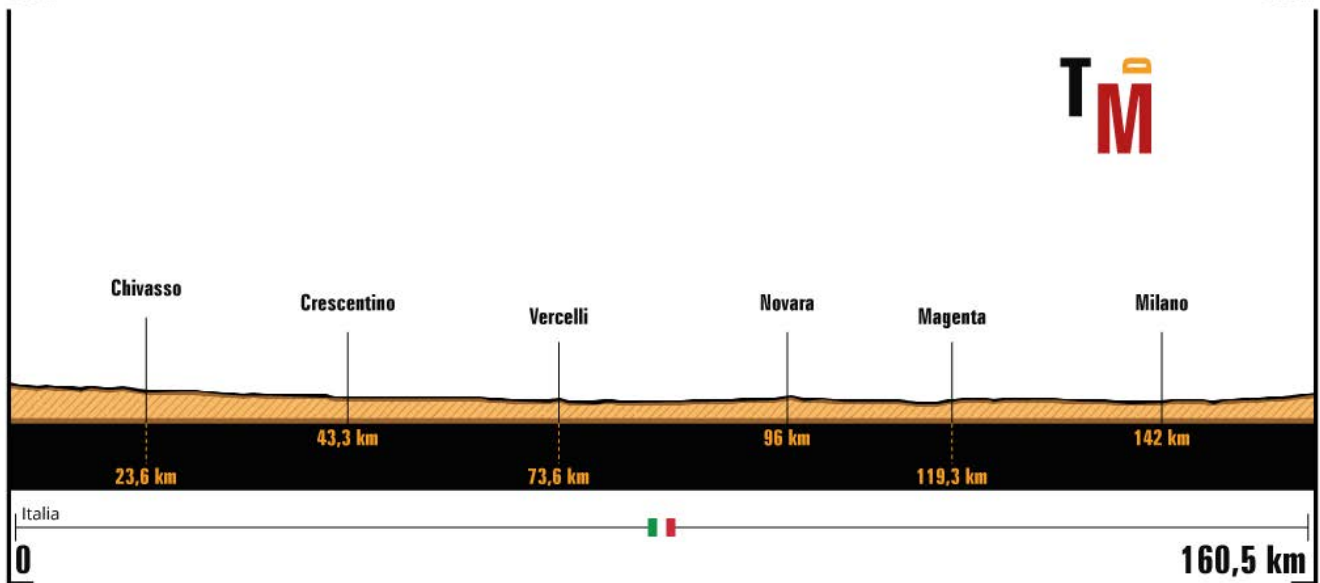
TORINO

239 m

STAGE 05

MONZA

162 m



TORINO

MONZA

161 km – 300 metres ascent

Detail of the stage on [strava](#).

I have designed the fifth and last stage to reenergize. It is a short route if we compare it with the other ones. It is also a flat route. It goes starts from **Torino** and crosses the park next to River Po, Vercelles, l'Alessandrino, la Lomellina, and finally the city of Milano, to finish in **Monza**.



BIOGRAPHY

MAURIZIO SARTORI

Designer. Print Workers. Cyclist.

With his hands and a little imagination, he is able to create any type of object. Since 2013 he has been working on a project that he has created, [Nus Creacions](#), a creative laboratory, a hotbed of ideas and craft products for the company, where he mainly specialized in the screen printing technique. To keep fit, he trains and rides his bike for many hours, **because pedaling is a bit like flying!**

*After two years of experience with the Bicis Esteve team (2018-2019), in 2021 I will start the second season with **Agrostock C.C. Fraga**, a young team from Fraga a town in the Aragon, very close to Lleida (where I live). For the moment [the season is going pretty well](#). With new specific workouts I have improved my fitness and I am able to be more competitive and stay ahead of the pack more easily.*

June 13, 2021 - GP Lleida
P30 general - P15 ELITE



CYCLISTS



Creator of the Tour du Mao, designer, screen printer in Nus Creacions and cyclist. He has found the right balance between sport and work, and so he is able to pedal and compete in the ELITE category.

Maurizio Sartori



Primary school teacher, farmer and breeder in the family business and ultra cyclist for passion. Always ready for a new cycling venture.

Carles Sarroca Mangués



Interior designer and amateur cyclist for love. During the Tour du Mao you will be in tow with the van, and you will take care of hydration, nutrition and assistance if needed.

Marina Revilla Sol

COLLABORATORS



Non-governmental and non-profit organization with a main mission: to protect at sea people who try to reach Europe and who are fleeing war conflicts, persecutions or situations of poverty.

Open Arms



We really like working with professionals, but we also work with all amateur cyclists and, we also dress Maurizio and his solidarity Tour to raise funds for Open Arms. GOBIK is the brand worn by the UAE team of Tadej Pogačar, winner of the 2020 and 2021 Tour de France.

GOBIK®



With meticulous and structured work, which I did this year with 101 Percent, I was able to optimize my physical condition and the time spent, improving my results.

101 Percent



Thanks to Mery Peralta and all her team of collaborators from the “Taller del Benestar” my body and mind are always relaxed and ready for any new challenge.

Taller del Benestar



Albert and his family are always efficient and fast in preparing our bikes! A special thanks for collaborating with spare parts that we will take with us in case of need.

Casanovas Bikes



Specialized in meticulous and precision work such as the overhaul of the MTB suspension, Marc and Bruno work in an innovative and young project in Lleida and also collaborate with our Tour.

Tandem Workshop



Thanks to Copisteria Solè we can present this dossier and the material we need to advertise the Tour in three different languages digitally printed on different formats.

Copisteria Solè



tourdumao.eu

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